

MA CLINICAL PSYCHOLOGY (RCI RECOGNISED)

DEPARTMENT OF CLINICAL PSYCHOLOGY

SYLLABUS FOR ENTRANCE EXAM:

Syllabus Coverage

- **General Psychology**
- **Biological Basis of Behaviour**
- **Developmental Psychology**
- **Social Psychology**
- **Abnormal Psychology / Psychopathology**
- **Clinical Psychology (Core Concepts)**
- **Psychological Assessment**
- **Research Methodology and Statistics**
- **Current Affairs and Mental Health Policy (India)**

General Psychology

- History and Schools of Psychology
- Sensation and Perception
- Learning Theories (Classical, Operant, Cognitive)
- Memory: Models and Processes
- Emotion and Motivation
- Intelligence Theories and Testing
- Personality Theories and Assessment
- Attention and Information Processing
- Cognition and Language

Biological Basis of Behaviour

- Neuron Structure and Function
- Nervous System Organisation
- Brain Structures and Functions (Limbic System, Cortex, etc.)
- Neurotransmitters and Hormonal Influences
- Physiological Basis of Emotion and Motivation
- Sensory and Motor Systems
- Sleep and Biological Rhythms

Developmental Psychology

- Principles of Development
- Theories (Piaget, Erikson, Vygotsky, Kohlberg)
- Prenatal to Late Adulthood Changes
- Language Development
- Emotional and Social Development

- Identity Formation

Social Psychology

- Attitudes and Persuasion
- Social Cognition
- Group Dynamics
- Conformity, Compliance, Obedience
- Prejudice and Discrimination
- Interpersonal Attraction
- Prosocial Behaviour
- Aggression

Abnormal Psychology / Psychopathology

- Classification Systems: DSM-5 and ICD-11 Overview
- Signs and Symptoms of Major Disorders:
 - Schizophrenia Spectrum
 - Mood Disorders
 - Anxiety and OCD
 - Trauma and Stressor-Related Disorders
 - Neurodevelopmental Disorders
 - Personality Disorders
 - Substance Use Disorders
- Overview of Childhood and Adolescent Disorders

Clinical Psychology (Core Concepts)

- Definition, Scope, and Roles
- Models of Psychopathology (Biological, Psychodynamic, Cognitive-Behavioural, Humanistic)
- Case History Taking
- Mental Status Examination (MSE)
- Diagnosis and Formulation
- Ethical Issues and Guidelines (RCI, APA)

Psychological Assessment

- Types of Psychological Tests (Intelligence, Personality, Neuropsychological)
- Principles of Test Construction
- Reliability and Validity
- Standardisation and Norms
- Ethical Issues in Testing

- Interpretation of Test Scores

Research Methodology and Statistics

- Research Designs (Experimental, Non-experimental)
- Sampling Methods
- Hypothesis Formulation
- Data Collection Techniques
- Descriptive Statistics (Mean, SD)
- Inferential Statistics (t-test, ANOVA, Chi-square, Correlation)
- Qualitative Research Basics

Psychotherapy and Counselling

- Counselling Skills and Process
- Psychodynamic Psychotherapy
- Behaviour Therapy
- Cognitive Behaviour Therapy (CBT)
- Humanistic Approaches
- Family and Group Therapy
- Crisis Intervention
- Cultural Considerations in Therapy

Mental Health Policy (India)

- National Mental Health Programme
- Mental Health Act 2017
- Rights of Persons with Disabilities Act 2016
- RCI Act and Regulations
- WHO Mental Health Initiatives
- Suicide Prevention Strategies in India