



Metric No.- 7.2.1

Best Practice-01

a-Title: Health Care Services

b- Objective:

- 1- To provide better health care facility to the students and employees of the University at a very low cost.
- 2- To provide health care services to the citizens of Kanpur and adjoining areas at a very low cost.

The university runs various courses related to health care at the School of Health Sciences (University Institute of Health sciences). Students studying at the School (Institute) get their training through the medical facilities provided by the Institute and they also become helpful in providing better services to the patients. In this way the University provides better health care services to the students/ employees of the University and people of the adjoining areas at a very low cost.

c-The context:

The university provides health care services by the following ways:

- 1 The university has a well-equipped 10 bedded health center for the treatment of students, employees, and citizens of Kanpur. OPD of different specialties, is run by renowned specialists of Kanpur city.
- 2 Consultancy of Doctors is available on a very low cost
- 3 At the ultra-modern Pathology, Automation & Microbiology lab of University Institute of Health Sciences, facility of more than 120 Pathological investigations is available under the supervision of Pathologist at a very low cost.
- 4 ECG, Multipara monitor, and Minor OT and ambulance facilities are also available.
- 5 The Facility of Physiotherapy of the patients is available in well-equipped Physiotherapy OPD of the School of Health Sciences (University Institute of Health Sciences) at a very low cost.
- 6 Free nutritional consultancy along with the advised Diet Chart for the patients suffering from various diseases is available at School of Health Sciences.

d- The Practice:

The School of Health Sciences (University Institute of Health sciences) serves the society through the Physiotherapy OPD, Health Centre, Pathology Lab, and Nutritional consultancy.



Health Centre:

Renowned specialists of Kanpur city provide their services to the patients at the Health Centre.

At Present following doctors are providing their services to the OPD of Health Centre.

Day	Specialty	Doctors Name	Time
Monday	Ayurvedacharya	Dr. Vandana Pathak Dr. Nirankar Goyal	10:00 AM to 11:00 AM
	Dental Surgery	Dr. Ashish Katiyar	3:00 PM to 4:00 PM
Tuesday	Medicine	Dr. Rahul Tebriwal	3:00 PM to 4:00 PM
	Dental Surgery	Dr. Abhinav Kushwaha	10:00 AM to 11:00 AM
Wednesday	Orthopedics	Dr. A.S. Prasad	4:00 PM to 5:00 PM (Second Wednesday)
	Obs. & Gynecology	Dr. Sangeeta Saraswat	10:00 AM to 11:00 AM
	Ear, Nose and Throat (ENT)	Dr. Pankaj Gulati	10:00 AM to 11:00 AM
Thursday	Orthopedics	Dr. Deepak Srivastava	3:00 PM to 4:00 PM
	Ophthalmologist	Dr. Gaurav Dubey	9:00 AM to 11:00 AM (First & Third Thursday)
	Surgery	Dr. Kaustubh Gupta	3:00 PM to 4:00 PM
Friday	Pediatrics	Dr. Shiny Sethi	12:00 PM to 1:00 PM
	Psychological counselor	Dr. Priyanka Shukla	11:00 AM to 12:00 PM
Saturday	Orthopedics	Dr. Rahul Kapoor	12:00 PM to 1:00 PM
	Homeopathy	Dr. Dinkar Pandya	1:00 PM to 2:30 PM
	Yoga	Dr. Ram Kishore	10:00 AM to 1:00 PM

Physician-

Monday & Tuesday -Dr. Praveen Katiyar, Time- 10 AM to 01 PM

Wednesday & Thursday -Dr. Versha Prasad, Time- 10 AM to 01 PM

Friday & Saturday -Dr. Munish Rastogi, Time- 10 AM to 01 PM

Physiotherapy OPD:

1. Consultation by Physiotherapy teachers of the School of Health Sciences (University Institute of Health sciences)
2. Physiotherapy management by physiotherapist and physiotherapy students.

Nutritional Consultancy:

Free Nutritional Consultancy along with the advised diet chart for the patients suffering from various diseases is provided by teachers and students of B.Sc. and M.Sc. Human Nutrition program of the Institute.



The School of Health Sciences (University Institute of Health sciences) also organizes public health awareness and health checkup program for the citizens of Kanpur and its adjoining area. Students educated and trained in the institute provides their health care services to the society at large.

The University stands unique in providing health care services to its students and employees by way of training of the students.

e-Evidence of Success:

The Health Centre of the University is providing its health care services since 2010. The students/employees/ citizens of Kanpur coming here for the treatment, are fully satisfied with the services provided by the Health Center and the University Institute of Health Sciences. At the Health Centre of the University, 20-35 patients/ per day come for consultation and treatment by specialist doctors. The physiotherapy OPD is visited by 20-25 patients per day for physiotherapy. 24 hours' ambulance service is very useful, particularly during night, for the students and the employees living in the University Campus.

The students educated and trained in the University Institute of Health Sciences are providing their health care services to the society.

f. Problem Encountered and Resources Required:

Resources required: Staff is required for providing 24-hour indoor services at the Health Centre.



Health Centre





Consultation by Gynecologist at Health Centre



COVID-19 Vaccination at Health Centre



Physicians List

डा. प्रवीन कटियार
सोमवार व मंगलवार
प्रातः 10:00 बजे से अपराह्न 1:00 बजे तक
मरीजों को चिकित्सकीय परामर्श

डा. वर्षा प्रसाद
बुधवार व गुरुवार
प्रातः 10:00 बजे से अपराह्न 1:00 बजे तक
मरीजों को चिकित्सकीय परामर्श

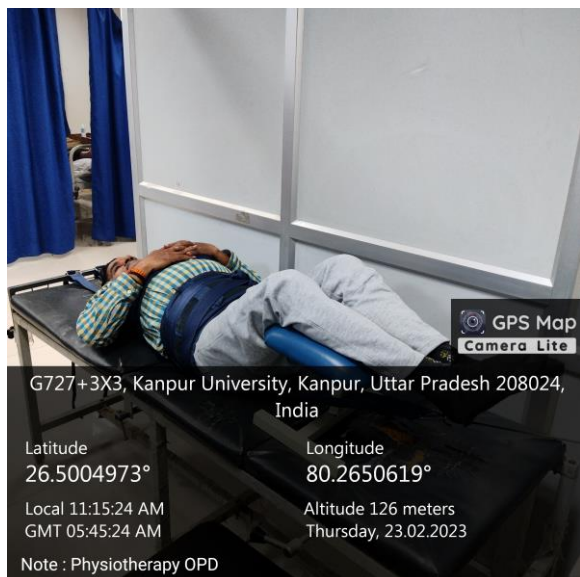
डा. मुनीश रस्तोगी
शुक्रवार व रविवार
प्रातः 10:00 बजे से अपराह्न 1:00 बजे तक
मरीजों को चिकित्सकीय परामर्श

CSJM Administration Building, Kanpur University, Kanpur, Uttar Pradesh 208024, India

Latitude 26.5002164° Longitude 80.26454532°
Local 10:53:14 AM Altitude 125 meters
GMT 05:23:14 AM Thursday, 30.03.2023
Note : Duty Time



Physiotherapy OPD



Pathology & Automation Lab





Blood Sample Collection

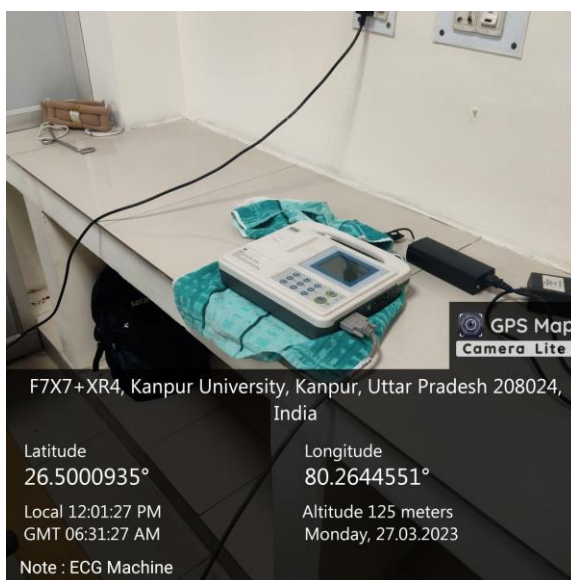


Free Nutritional Consultancy

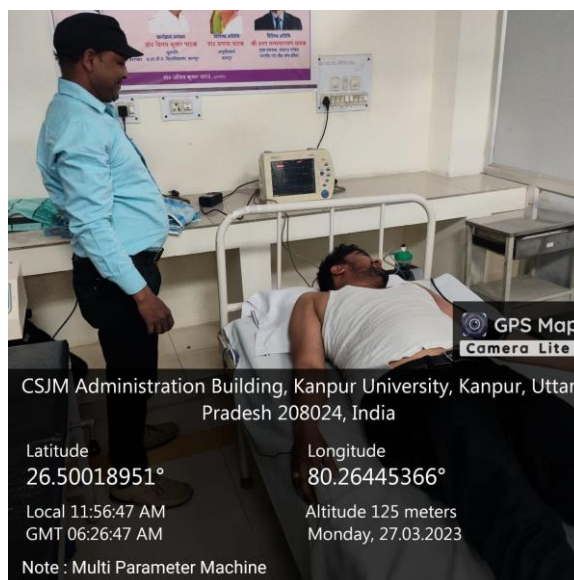




ECG Facility



Multipara Monitor Facility

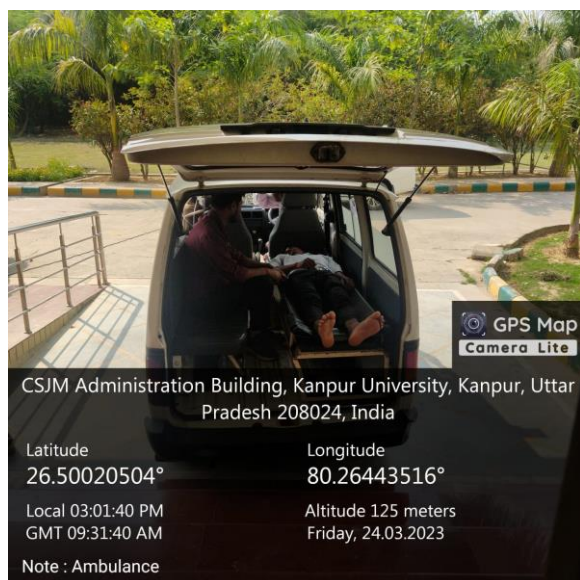




Oxygen Concentrator Facility



24 Hours Ambulance Service





Initiation of Anemia Screening Campaign in Female Students 21 September 2021



News in Hindustan News Paper, 22 September 2019
"Blood Samples taken from girl students in CSJMU"

कानपुर LIVE **कैम्पस/स्पोर्ट्स**

रविवार, 22 सितंबर 2019 **20**

हिन्दुस्तान



सीएसजेएमयू में छात्राओं के लिए ब्लड सैपल

कानपुर। प्रदेश की राज्यपाल आनन्दीबेन पाटेल की सलाह पर छत्रपति शाहू जी महाराज विश्वविद्यालय में शनिवार को युनिवर्सिटी इंस्टीट्यूट ऑफ हेल्थ साइंसेस में स्वास्थ्य शिविर लगा। इसमें 57 छात्राओं के रक्त के सैपल लिए गए। छात्राओं में एनीमिया की स्क्रीनिंग के अधिवान के अंतर्गत लगाए गए शिविर का उद्घाटन कुलपति प्रोफेसर नीलिमा गुप्ता ने किया। यहां डॉ. प्रवीन कटियार, डॉ. विनोद कुमार सिंह, धीरेन्द्र कुमार, डॉ. विवेक सिंह सचान, डॉ. रमिम मोरे, डॉ. कल्पना और डॉ. शाश्वत कटियार आदि रहे।

News in I-Next News Paper, 22 September 2019
"Girls should be alert about health"

6 **दैनिक जागरण** Kanpur, 22 September 2019 Bengal Governor N

iNEXT CITYLIGHTS/TIME PASS

सेहत को लेकर अलर्ट रहें गर्ल्स



● कैम्प में गर्ल्स का हाल जानती वीसी प्रो. नीलिमा गुप्ता.

KANPUR (21 Sept): गर्ल्स को अपनी सेहत के लिए हमेशा अलर्ट रहना चाहिए, अगर उनका हीमोग्लोबिन कम निकलता है तो उनको कार्डिओलॉजिस्ट को जाएंगी. पैरेंट्स को भी कॉल करके बैलेंस डाइट के लिए अलर्ट किया जाएगा. गर्ल्स का खानपान अच्छा रहे जिससे वे एनीमिया की शिकार न हों पाएँ. यह विचार इंस्टीट्यूट ऑफ हेल्थ साइंसेस में आयोजित हीमोग्लोबिन टेस्ट कैम्प में का इनाग्रेशन करते हुए वीसी प्रो. नीलिमा रंखे. इंस्टीट्यूट के कोऑर्डिनेटर डॉ. प्रवीन कटियार ने गेस्ट का वेलकम करते हुए आभार जताया. कैम्प में 87 गर्ल्स का ब्लड सैपल लिया गया. इस अवसर पर रजिस्ट्रार डॉ. विनोद कुमार सिंह, डॉ. विवेक सिंह सचान, डॉ. शाश्वत कटियार, डॉ. रमिम मोरे मौजूद रहें.