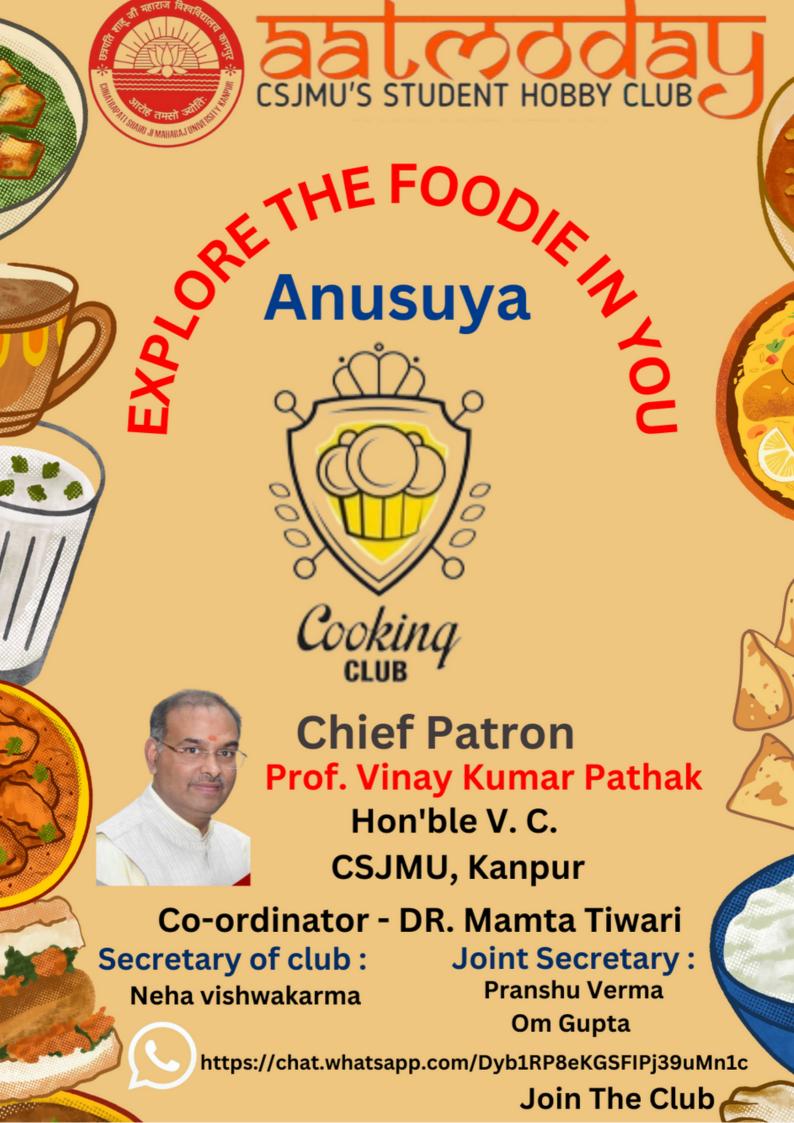
COOKING CLUB

FOR PEOPLE WHO LOVE TO COOK







ABOUT THE CLUB



A cooking club is a group of people who gather together on a regular or semi-regular basis to take on a large cooking project or explore an unfamiliar cuisine. As mentioned, the benefits are usually to share labor and ingredients.

Food is central to culture, identity, health, and life.Learning how to cook healthy and enjoyable meals is an important and valuable skill.

Food brings people together and this club would do so in a way that integrates learning as well. The goals of this club are not only to cook these meals as a community but also to teach culinary skills, bring awareness, and dedicate our time to food justice and sustainability; advocating for the right to healthy, nutritious, fresh food.





OBJECTIVES

The cooking club focuses on creating awareness about cooking healthy foods among the students.

.The students from various states learn the art of cooking simple food items of different states.

.Our mission is to bring together students who share a common love for food and those who have a passion towards cooking.

The club also aims to nurture the healthy cooking habits which help Thomasines to lead a strong and healthy life.



ACTIVITIES FOR COOKING CLUB

<u>S. NO</u> .	ACTIVITIES	DATE
1	Inauguration of cooking club	26/09/22
2	Introduction of all and club orientation	01/10/22
3	world food day	08/10/22
4	Healthy food awareness	15/10/22
5	Cooking competition	22/10/22
6	Baking cake	29/10/22
7	Bakery competition	05/11/22
8	Indian cuisine	12/11/22
9	Indian cultural dishes competition	19/11/22
10	Winter drinks	26/11/22
11	Without fire competition	03/12/22
	Summer drinks competition	10/12/22