

Email: csjmu@media.ac.in

TEL: 0512-2080024

: 0512-2582251



CHHATRAPATI SHAHU JI MAHARAJ UNIVERSITY

PRESS RELEASE

Kalyanpur, Kanpur

Uttar Pradesh-208024

Date: 07/04/2022

The School of Health Sciences of CSJM University, Kanpur has started a series of "Hands-On" workshops for students under the guidance of Vice-Chancellor, Prof. Vinay Kumar Pathak.

The inauguration of the first Physiotherapy workshop on "Myofascial Release Technique" was conducted on 7th April, 2022.

The event was inaugurated by Chief Guest, Pro-Vice Chancellor Prof. Sudhir Kumar Awasthi. Other dignitaries present at the occasion were Dean, Student Welfare, Prof. Sanjay Kumar Swarnkar, Registrar Dr. Anil Kumar Yadav and

Resource person for the workshop Dr. Arunmozhi Rangnathan. Dr. Arunmozhi Rangnathan emphasised about concepts principles and application of the Myofascial Release Technique.

Pro-Vice Chancellor Prof. Sudhir Kumar Awasthi emphasized that cricketers have an imbalance in shoulder muscles due to overuse of one shoulder. He highlighted the use of Myofascial Release, Yoga Therapy, Acupuncture and nanotechnology in health sciences.

Prof. Sanjay Kumar Swarnkar talked about the necessity of this workshop with the participants. He wished the participants for the success of event. Dignitaries also inaugurated the Diet clinic at the school of health sciences.

The director of the institute Dr. Digvijay Sharma and Asst. Director Dr. Munish Rastogi welcome the dignitaries and coordinate the event along with the faculties of the institute. Vote of thanks was delivered by Registrar Dr. Anil Kumar Yadav.

Dr Vishal Sharma

Media-In-charge

VishalSharma@csjmu.ac.in